



Training Calendar 2020

	Team Training (Non-High School Players)	League games	Elite Sport Perf.	Futsal	Suppl. skills/ goalie training	Alaska Airlines Cup	ADP/ODP*	Far North Tournament	Sterling Camp*	State Cup	Team Travel*
Jan & Feb	Tue & Thu @ Dome	Weekend @ Fox Hollow or Dome			Tue & Thu @ Dome						Select Teams*
Mar & Apr	Mon @ Dome; 1 day @ ASD gym	Weekend @ Fox Hollow or Dome	Elite 1 day/week	Fri @ O'Malley*	At the Dome until mid April						March - Thorns DA Tryout
May	Tue & Thu @ Dome	Non High School Players Weekends @ ASD Turf		Fri @ O'Malley*	Tue & Thu @ Dome						Select Teams*
Jun	Girls Tue & Thu @ Dela Vega; Boys Mon & Wed @ Dela Vega	Girls - Mon or Wed Boys - Tue or Thu			Fri @ Dela Vega	1st weekend	ADP Nominations				Regional Events* & Timbers Tournament
Jul	Girls Tue & Thu @ Dela Vega; Boys Mon & Wed @ Dela Vega	Girls - Mon or Wed Boys - Tue or Thu			Fri @ Dela Vega			2nd week	3rd week		
Aug	Girls Tue & Thu @ Dela Vega; Boys Mon & Wed @ Dela Vega; Everyone Tue & Thu once school starts	Girls - Mon or Wed Boys - Tue or Thu Weekend once school starts					ADP Players; sub-regional camp*			1st weekend	
Sep	Tue & Thu @ Dela Vega	Weekends									Select Teams*
Oct	Tue supplemental training @ Dome	Futsal game on weekend		Training once a week @ ASD gym							
Nov	Tue supplemental training @ Dome	Futsal game on weekend		Training once a week @ ASD gym							Select Teams*
Dec	Tue supplemental training @ Dome	Futsal game on weekend		Futsal State Cup						Futsal State Cup	Timbers Alliance Showcase

*Not included in Annual AYSC Fees. Teams qualify for Regional Events by finishing 1st or 2nd at State Cup.

Training Calendar 2020

	<i>Team training (High School Players)</i>	<i>League games</i>	<i>Elite Sport Perf.</i>	<i>Futsal</i>	<i>Suppl. skills/ goalie training</i>	<i>Alaska Airlines Cup</i>	<i>ADP/ODP*</i>	<i>Far North Tournament</i>	<i>Sterling Camp*</i>	<i>State Cup</i>	<i>Team Travel*</i>
Jan & Feb	Tue & Thu @ Dome	Games @ Fox Hollow or Dome	Elite 1 day/week		Tue & Thu @ Dome						<i>Select Teams*</i>
Mar & Apr	Play for High School teams	Play for high School teams									<i>March - Thorns ID Sessions</i>
May	Play for High School teams	Play for high School teams									
Jun	Girls Tue & Thu @ Dela Vega; Boys Mon & Wed @ Dela Vega	Girls - Mon or Wed Boys - Tue or Thu			Fri @ Dela Vega	1st weekend	<i>ADP Nominations</i>				<i>Regional Events* & Timbers Tournament</i>
Jul	Girls Tue & Thu @ Dela Vega; Boys Mon & Wed @ Dela Vega	Girls - Mon or Wed Boys - Tue or Thu			Fri @ Dela Vega			2nd week	3rd week		
Aug	Girls Tue & Thu @ Dela Vega; Boys Mon & Wed @ Dela Vega; Everyone Tue & Thu once school starts	Girls - Mon or Wed Boys - Tue or Thu; Weekend once school starts					<i>ADP Players; sub-regional camp*</i>			1st weekend	
Sep	Tue & Thu @ Dela Vega	Weekends									<i>Select Teams*</i>
Oct	Tue supplemental training @ Dome	Futsal game on weekend		Training once a week @ ASD gym							<i>Select Teams*</i>
Nov	Tue supplemental training @ Dome	Futsal game on weekend		Training once a week @ ASD gym							<i>Select Teams*</i>
Dec	Tue supplemental training @ Dome	Futsal game on weekend		Futsal State Cup						Futsal State Cup	<i>Timbers Alliance Showcase</i>

*Not included in Annual AYSC Fees. Teams qualify for Regional Events by finishing 1st or 2nd at State Cup.